

# Make your online content safe for photosensitive epilepsy

## DO NOT

Include anything that flashes more than 3 times in any 1 second period or Flash below the general flash and red flash thresholds

## DO

Allow users to set a custom flash rate limit

## DO

Provide a way to stop any flashing content before it begins

## DO

Reduce contrast for any flashing content

## DO

Slow down live material to avoid rapid flashes (as in flashbulbs)

## DO

Avoid fully saturated reds for any flashing content

## DO

Freeze the image momentarily if there are 3 flashes in 1 second

## DO

Reduce the number of flashes even if they do not violate thresholds

## DO

Drop the contrast ratio if there are 3 flashes in 1 second